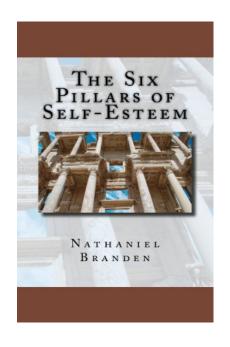
## The Six Pillars Of Self Esteem Book Summary (PDF) by Nathaniel Branden

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## Why This Book Matters:

The Six Pillars of Self-Esteem outlines the steps we must take to become our most confident selves.

## The Big Takeaways:

- 1. #REF!
  - 1. If

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