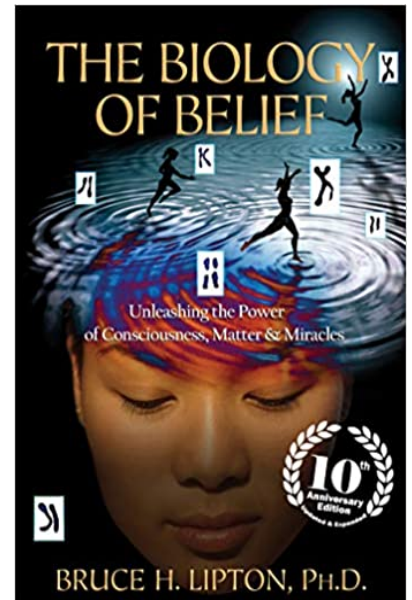


# The Biology of Belief Book Summary (PDF) by Bruce H. Lipton

Ready to learn the most important takeaways from The Biology of Belief in less than two minutes? Keep reading!



## Why This Book Matters:

The Biology of Belief explains the faults in The Theory of Evolution, helping readers understand an alternative approach to their biology.

## The Big Takeaways:

- 1. Coexistence should be at the core of our belief system when considering how we have evolved.**
  1. If Lamarck theorized before Darwin that organisms attempt to help themselves, not compete with others.
- 2. How cells act has nothing to do with the nucleus and more to do with the membrane.**
  1. Several separate operations contribute to a cell's function.

3. **It is possible that genes do not play the ultimate factor in how we develop.**
  1. Genes are dependent on proteins to determine what genes will be dominant.
4. **It is dangerous to have such outdated beliefs about our biology.**
  1. The outcome of medical treatment, especially medicine, is dependent on the individual, not the condition.
5. **Our existence today will not be our only existence.**
  1. We are composed of our surroundings, and there is evidence that our existence is forever.

## **Want To Keep Reading?**

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2. **Buy The Book on Amazon**