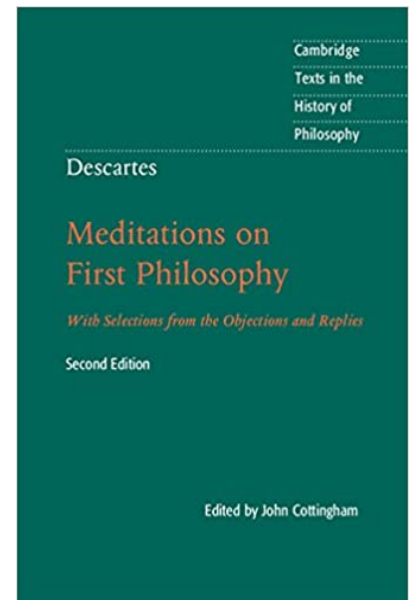


# Meditations On First Philosophy Book Summary (PDF) by René Descartes

Ready to learn the most important takeaways from *Meditations On First Philosophy* in less than two minutes? Keep reading!



## Why This Book Matters:

Written by the father of modern philosophy René Descartes in 1640, *Meditations on First Philosophy* is Descartes's masterpiece and the origin of his famous quote: "I think; therefore, I am." Descartes presents his ideas on the things we know, how we know them, and puts forth his arguments on the existence of God.

## The Big Takeaways:

- 1. If we are thinking, we are existing.**
  1. If Descartes puts a strong emphasis on thought. He argues that thinking is the first proof of our existence.
- 2. Mind and body are two entities independent of one another.**

1. Descartes argues that the mind does not need a body to exist.
3. **Senses are the greatest deceivers.**
  1. Descartes argues that the mind is the greatest deceiver of all. Being skeptical of every bit of information we receive is the only way to avoid being deceived.
4. **Our natural ability to think is proof of the greatest thinker of all.**
  1. Descartes puts forth fantastic evidence to prove God's existence by basing his example on our born-ability to think.
5. **There are three levels of origin and existence for everything we encounter.**
  1. Every single thing we see and interact with is multi-dimensional.

## **Want To Keep Reading?**

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2. **Buy The Book on Amazon**