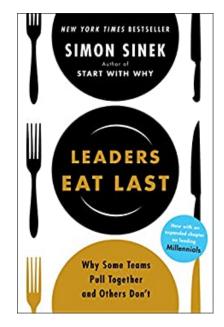
# Leaders Eat Last Book Summary (PDF) by Simon Sinek

Ready to learn the most important takeaways from Leaders Eat Last in less than two minutes? Keep reading!



#### Why This Book Matters:

Leaders Eat Last teaches readers the importance of putting yourself first as a leader to ensure the well-being of your community.

### The Big Takeaways:

- 1. Our desire to rank people is based on how we were created.
  - 1. If Our hormones are and always have been the drivers of survival.
- 2. Our desire to feel like nothing can hurt us drives the expectation that the strong will protect us.
  - 1. We inherently desire to live in communities to better protect our interests.
- 3. In your company, decisions that influence the leader makes your employees.
  - 1. A CEO is not just responsible for managing the

company; they are responsible for creating a thriving environment for their workers.

- 4. We must practice understanding with our peers to protector ourselves.
  - Caring for others is a necessity when attempting to maintain a close-knit community.
- 5. An unsuccessful leader puts themself first.
  - When a leader puts themself first, they set a bad example for their team, causing others to only take interest in themselves, causing everything to fail.

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