

Kindle eBook Daily Deals

12/10/20

1. *I Thought It Was Just Me (but it isn't): Making the Journey from "What Will People Think?" to "I Am Enough"* (Personal Development, \$1.99)

1. By Brené Brown, PhD, LMSW.

2. 4.7/5 stars with 2,880 reviews.

3. Brené Brown, PhD, LMSW, is the leading authority on the power of vulnerability, and has inspired thousands through her top-selling books *Daring Greatly*, *Rising Strong*, and *The Gifts of Imperfection*, her wildly popular TEDx talks, and a PBS special. Based on seven years of her groundbreaking research and hundreds of interviews, *I Thought It Was Just Me* shines a long-overdue light on an important truth: Our imperfections are what connect us to each other and to our humanity. Our vulnerabilities are not weaknesses; they are powerful reminders to keep our hearts and minds open to the reality that we're all in this together.