

# Kindle eBook Daily Deals

## 09/26/20

### 1. Perv: The Sexual Deviant in All of Us (Sexuality, \$1.99)

1. By Jesse Bering.
2. 4.2/5 stars with 173 reviews.
3. As kinky as it is compassionate, illuminating, and engrossing, *Perv* is an irresistible and deeply personal book. "I can't promise you an orgasm at the end of our adventure," Bering writes, "but I *can* promise you a better understanding of why you get the ones you do."

### 2. The Oxygen Advantage: The Simple, Scientifically Proven Breathing Techniques for a Healthier, Slimmer, Faster, and Fitter You (Health, \$2.99)

1. By Patrick McKeown.
2. 4.6/5 stars with 659 reviews.
3. In *The Oxygen Advantage*, the man who has trained over 5,000 people—including Olympic and professional athletes—in reduced breathing exercises now shares his scientifically validated techniques to help you breathe more efficiently. Patrick McKeown teaches you the fundamental relationship between oxygen and the body, then gets you started with a Body Oxygen Level Test (BOLT) to determine how efficiently your body uses oxygen.