

# Kindle eBook Daily Deals

## 09/25/20

### 1. Brainstorm: The Power and Purpose of the Teenage Brain (Parenting, \$1.99)

1. By Daniel J. Siegel MD.
2. 4.6/5 stars with 585 reviews.
3. Between the ages of twelve and twenty-four, the brain changes in important and, at times, challenging ways. In *Brainstorm*, Dr. Daniel Siegel busts a number of commonly held myths about adolescence—for example, that it is merely a stage of “immaturity” filled with often “crazy” behavior. According to Siegel, during adolescence we learn vital skills, such as how to leave home and enter the larger world, connect deeply with others, and safely experiment and take risks.