

# Kindle eBook Daily Deals

## 01/03/21

1. The Age of Agile: How Smart Companies Are Transforming the Way Work Gets Done (Business, \$2.99)

1. By Stephen Denning.
2. 4.5/5 stars with 181 reviews.
3. An unstoppable business revolution is under way—and it is Agile. Sparking dramatic improvements in quality, innovation, and speed-to-market, the Agile movement has helped companies both large and small learn to connect everyone and everything . . . all the time.

2. The Anxiety Toolkit: Strategies for Fine-Tuning Your Mind and Moving Past Your Stuck Points(Personal Development, \$1.99)

1. By Alice Boyes Ph.D.
2. 4.5/5 stars with 219 reviews.
3. In *The Anxiety Toolkit*, Dr. Alice Boyes translates powerful, evidence-based tools used in therapy clinics into tips and tricks you can employ in everyday life. Whether you have an anxiety disorder, or are just anxiety-prone by nature, you'll discover how anxiety works, strategies to help you cope with common anxiety 'stuck' points and a confidence that – anxious or not – you have all the tools you need to succeed in life and work.