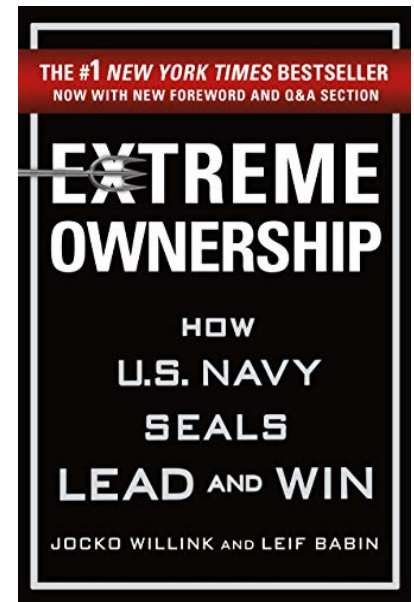


# Extreme Ownership Book Summary (PDF) by Jocko Willink and Leif Babin

Ready to learn the most important takeaways from Extreme Ownership in less than two minutes? Keep reading!



## Why This Book Matters:

Extreme Ownership examines the in-the-moment decisions Navy SEAL leaders must make and how you can use that way of thinking to help your company.

## The Big Takeaways:

- 1. Being a leader sometimes means facing extreme challenges.**
  1. If Making decisions at a moment's notice is a difficult task, but someone needs to know how to do it.
- 2. Every leader must own-up to the mistakes they and their team makes.**
  1. If no one takes responsibility for a team's failure, they will fail again.

- 3. Knowing what's at stake can help a team reach its goals.**
  1. Once the SEAL team can understand why an assignment has been given to them, they can fulfill that mission with certainty.
- 4. Those around you in the same field are not against you; they can help you.**
  1. The teams around you can offer a helping hand or a viewpoint you may not have seen if you only stayed within your circle.
- 5. Setting guidelines and expressing your values to your team can help everyone get on the same page.**
  1. One of the SEAL's core principles is to "prioritize and execute."

## **Want To Keep Reading?**

- 1. Read A Longer Form Summary on Blinkist**
- 2. Buy The Book on Amazon**
- 3. Listen To The Audiobook**

## **Additional Video From The Author:**