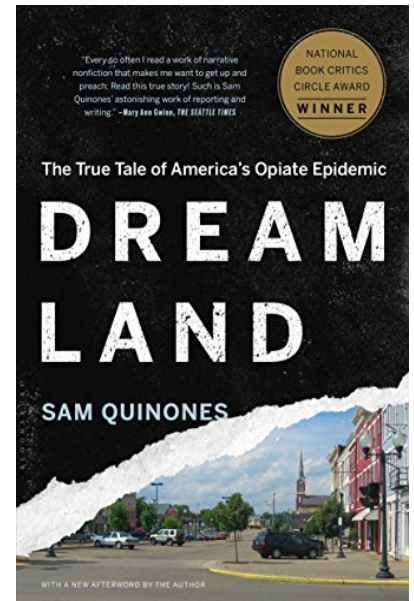


Dreamland Book Summary (PDF) by Sam Quinones

Ready to learn the most important takeaways from Dreamland in less than two minutes? Keep reading!



Why This Book Matters:

Dreamland discusses the current opiate epidemic occurring in the United States and how it has become an astronomical cause of death.

The Big Takeaways:

- 1. There is more history to opiates than just tiny pills. Humans have used drugs for thousands of years.**
 1. If Modern drugs are addictive because they provide a sense of euphoria, and the withdrawal symptoms are horrendous.
- 2. The 1980s saw a revolution in the way we treat pain in America.**
 1. Professionals began prescribing more opiates if a patient asked because they were under the assumption that the treatment was not helping the patient.

3. Migrants from Xalisco, Mexico started to sell heroin in San Fernando, causing a chain reaction that affected millions of Americans.

1. The Xalisco Boys came up with a clever model for selling heroin.

4. Their marketing skills were what made them so successful in selling heroin.

1. They would go up to likely customers and offer them tasters instead of waiting for customers to come to them.

5. The recovery process had finally started when people figured out how foolish the pain revolution was.

1. Recovery from addiction is indeed possible.

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