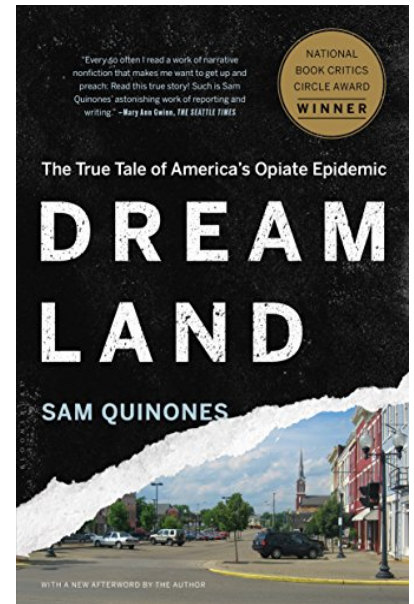


Dreamland Book Summary (PDF) by Sam Quinones

Ready to learn the most important takeaways from Dreamland in less than two minutes? Keep reading!



Why This Book Matters:

Dreamland discusses the current opiate epidemic occurring in the United States and how it has become an astronomical cause of death.

The Big Takeaways:

1. **There is more history to opiates than just tiny pills. Humans have used drugs for thousands of years.**
 1. If Modern drugs are addictive because they provide a sense of euphoria, and the withdrawal symptoms are horrendous.
2. **The 1980s saw a revolution in the way we treat pain in America.**
 1. Professionals began prescribing more opiates if a patient asked because they were under the assumption that the treatment was not helping the patient.

3. **Migrants from Xalisco, Mexico started to sell heroin in San Fernando, causing a chain reaction that affected millions of Americans.**
 1. The Xalisco Boys came up with a clever model for selling heroin.
4. **Their marketing skills were what made them so successful in selling heroin.**
 1. They would go up to likely customers and offer them tasters instead of waiting for customers to come to them.
5. **The recovery process had finally started when people figured out how foolish the pain revolution was.**
 1. Recovery from addiction is indeed possible.

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