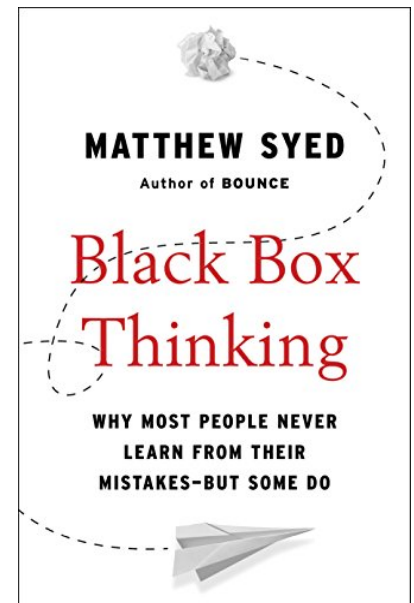


# Black Box Thinking Book Summary (PDF) by Matthew Syed

Ready to learn the most important takeaways from Black Box Thinking in less than two minutes? Keep reading!



## Why This Book Matters:

Black Box Thinking explains how you can drop the stigma behind failure and let it push you further.

## The Big Takeaways:

1. **No one wants to feel bad about themselves, so they try to avoid failure.**
  1. If Admitting that you've made a mistake is hard to do because it quickly makes you feel bad about yourself.
2. **Acknowledging your failure is hard but essential for becoming a better version of yourself.**
  1. When you don't admit to failure, you hinder your success.
3. **Test your assumptions about the world and how things in life operate.**
  1. Don't merely think that what your beliefs are

right without testing them.

**4. Talking to your partner in a way that is calm and effective can help you maintain a strong relationship.**

1. Communication is the key to every successful relationship.

**5. Every relationship has its issues, but learning to overcome those issues through understanding will keep a relationship secure.**

1. You and your partner are not the same people. You will disagree on things. However, the way you communicate those differences are what will keep your relationship healthy.

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